



4 out of 5 Internet users perform a health related search online





Age of Patients Searching Online for a Doctor

Medical facts



- 80% of U.S. adults search for health information online.
- 47% of Internet users search for information about doctors or other health professionals.
- 38% of Internet users search for information about hospitals and other medical facilities.
- 90% of adults age 18-24 trust medical information shared by others in their social media networks.

The Internet and your online presence will impact your patients and ability to get new ones.



Social Media Agenda



- 1. What is social media?
- 2. Why is it important for physicians?
- 3. What are the major social media platforms?
- 4. How do you create social media content & grow followers?
- 5. How do you create a successful strategy for your social media?



What is Social Media?



Social media is an outlet that people can engage and me social with.

Social Media is the #1 activity on the internet.



RELATIONSHIP MARKETING

2

Why is it important for physicians?



Social media benefits



- Ultimate relationship marketing (Engage and listen to your community)
- Your patients are using social media
- Awesome tool for branding, referrals and repeat business
- Easy and cost effective
- Have a personality behind the practice
- Communicate information
- Increase your online presence
- Long term results





"What's the plan, man?"



3

What are the major Social Media platforms?



Facebook





Twitter







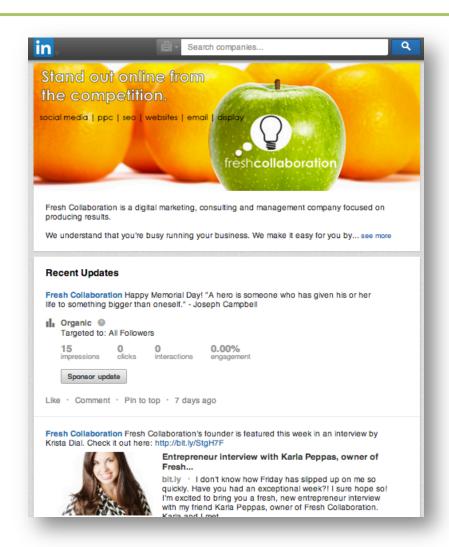
Google+ (Google My Business)

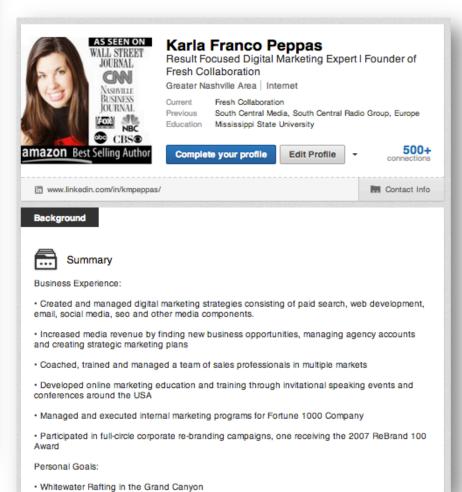




LinkedIn

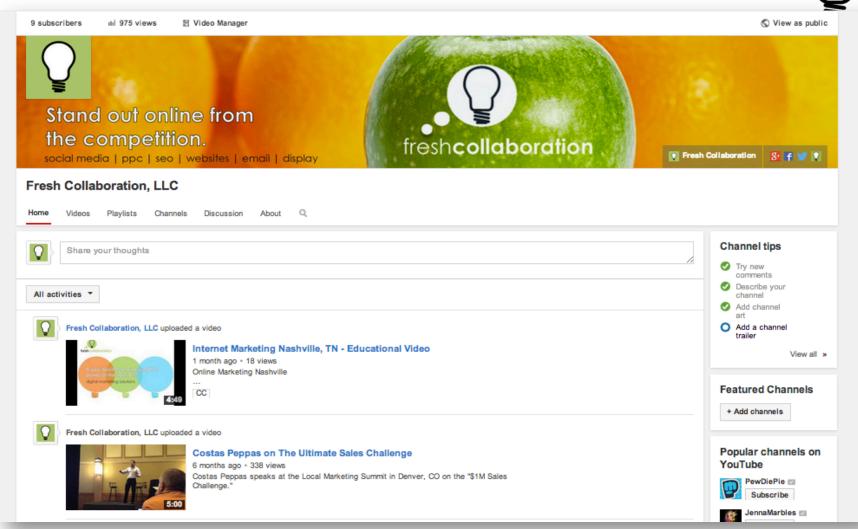




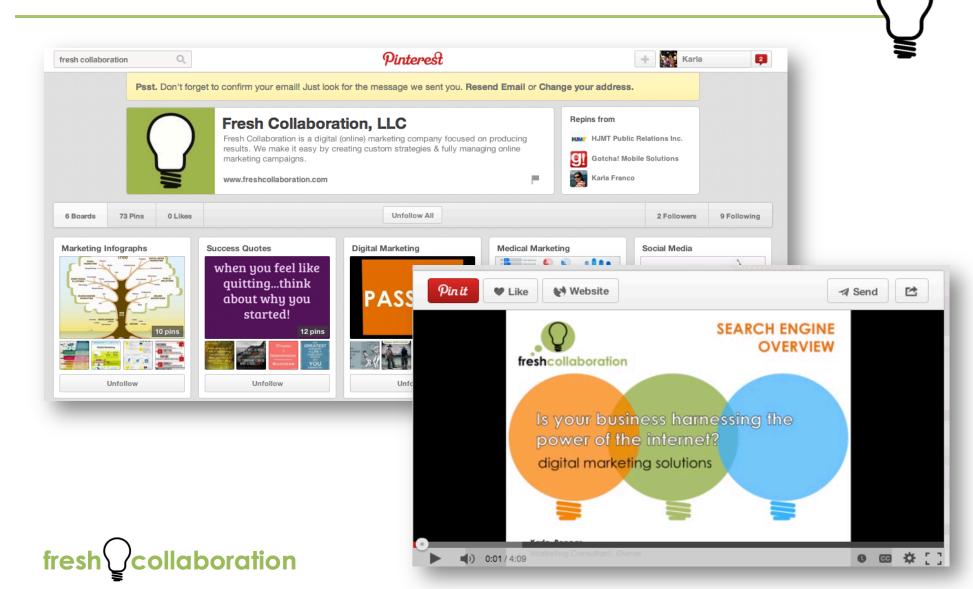


YouTube





Pinterest



Instagram



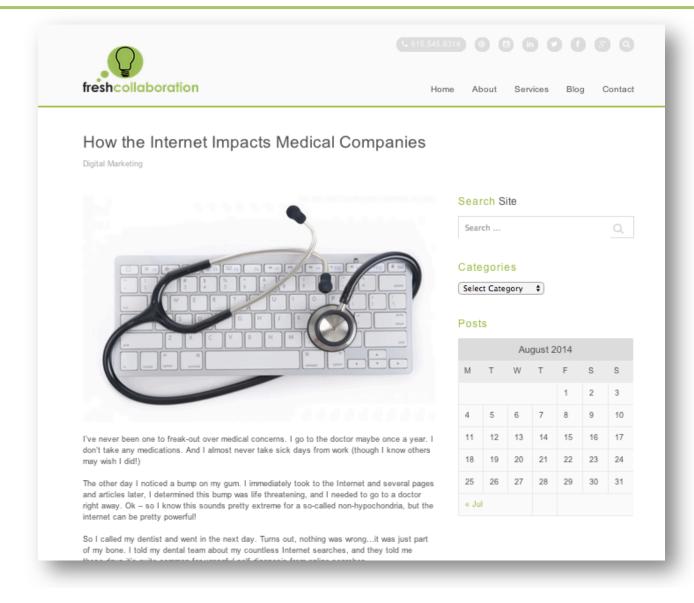




The more keyword-rich content you generate on your website, the more search engines will find (and love)

WordPress





Blogger



Digital Marketing | Karla Peppas

"Digital technology doesn't necessarily do a lot of things new, but it does all things better, faster, more cost efficiently." --- Patrick Duparcq

Blog Post

Friday, May 24, 2013

How the Internet Impacts Medical Companies

By Karla Peppas

I've never been one to freak-out over medical concerns. I go to the doctor maybe once a year. I don't take any medications. And I almost never take sick days from work (though I know others may wish I did!)

The other day I noticed a bump on my gum. I immediately took to the Internet and several pages and articles later, I determined this bump was life threatening, and I needed to go to a doctor right away. Ok – so I know this sounds pretty extreme for a so-called non-hypochondria, but the internet can be pretty powerful!

So I called my dentist and went in the next day. Turns out, nothing was wrong...it was just part of my bone. I told my dental team about my countless Internet searches, and they told me these days it's quite common for wrongful self-diagnosis from online searches.

The Internet is full of people doing online medical searches. Did you know 4 out of 5 Internet users perform a health related search online according to the New York Times?

According to a presentation from MD Connect, the internet can be 2-3X more efficient than traditional media and cost less money.

Hara are come interacting factor



Karla Peppas



Tumblr



freshcollaboration

To be successful, you have to have your heart in your business, and your business in your heart.

Thomas Watson Sr.

Posted 5 days ago

Tagged: business, business consulting nashville.

How the Internet Impacts Medical Companies

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Email







User generated content



92% Trust

Recommendations from people they know 72% Trust

Consumer opinions online

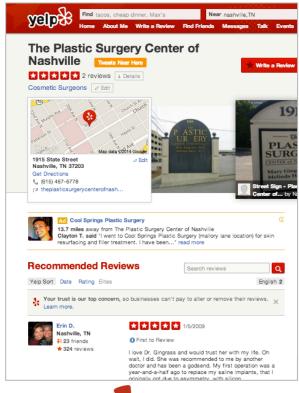
15% Trust

Brand messages



Review sites

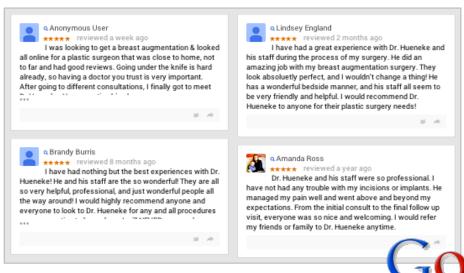




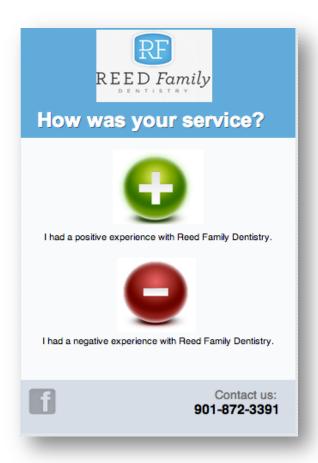


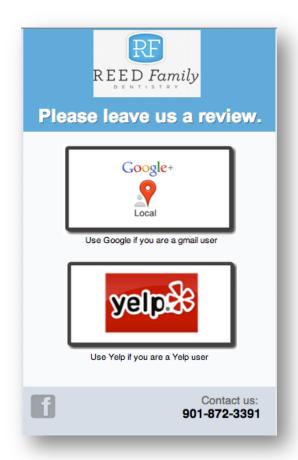


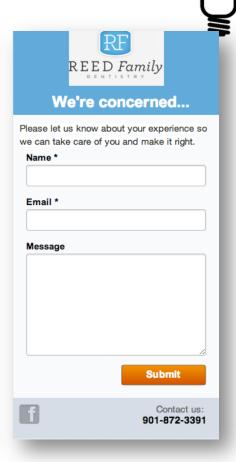




Sample: Mobile Review Site







If 'Positive', you go here...

If 'Negative', you go here...



Online News Release



Authority Marketing

- •Expert Branding
- Professional article establishing third party authority
- Interactive, web-optimized news release

Distribution:

- News article gets syndicated to premium news outlets such as Business Journals, ABC, NBC, FOX and more around the nation.
- -Major search engines Google, Yahoo!, Bing, etc. can pick up these articles.
- •The articles will also be used to establish celebrity like branding and market authority



Example of article placement







SALES & MARKETING

INTERNET & TECHNOLOGY

LEGAL & FINANCE

REAL ESTATE

HEALTH & FITNESS

SOCIETY

Karla Peppas – Teaching Businesses How To Tell Their Story Online

October 6, 2013



Print PDF Nashville, TN – Karla Peppas has been a passionate marketer for over a decade. Five years ago she began to focus her energy and attention on online marketing and helping small to medium size businesses around the U.S. grow through the Internet.

A native of Mississippi, after graduating from Mississippi State University in 2004, Peppas began her career in Boston, MA within the private equity sector at Audax Group. In 2005 she moved to the commercial real estate market and served as a Senior Marketing Associate for Jones Lang LaSalle (JLL). Search the site ...

IN THE NEWS

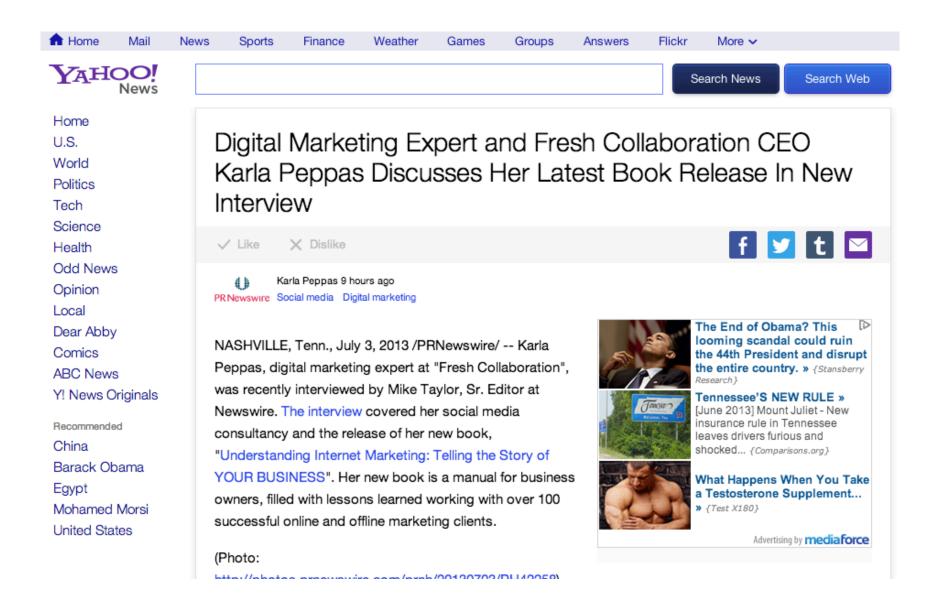


Diabetes Advocate, Charles Mattocks, Speaks About His New Documentary, A Diabetes Reality Show "Reversed"



June Cline, CSP, The "Southern,

Example of article syndication



Example of article syndication















Digital Marketing Expert and Fresh Collaboration CEO Karla Peppas Discusses Her Latest Book Release In New Interview

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SOURCE Karla Peppas

NASHVILLE, Tenn., July 3, 2013 /PRNewswire/ -- Karla Peppas, digital marketing expert at "Fresh Collaboration", was recently interviewed by Mike Taylor, Sr. Editor at Newswire. The interview covered her social media consultancy and the release of her new book, "Understanding Internet Marketing: Telling the Story of YOUR BUSINESS". Her new book is a manual for business owners, filled with lessons learned working with over 100 successful online and offline marketing clients.

(Photo: http://photos.prnewswire.com/prnh/20130703/PH42258)

Karla's 10 years in the corporate realm taught her many lessons working with over 100 clients. One of these was the challenges women faced in that environment to balance professional goals with their family life. "Within the traditional corporate structure, there isn't a lot of flexibility to shape your day to accomplish business goals as well as personal goals. I knew I had to branch out to have the ability to achieve all of my goals, personal and professional."

Working as Director of Digital Sales for a large multi-market agency, Karla saw firsthand how digital media could generate powerful results for businesses. She was "excited to be a part of her clients' success." Her experience led to the launch of "Fresh Collaboration", a 'full-service' digital marketing company.

"Fresh Collaboration helps companies grow by using digital technology," said Ms. Peppas. "Our clients get the best results from integrated compaigns. Business promotion is not best when done piece most ideally.



Local Radar



How do you create social media content & grow followers?



Content creation...

Traditional marketing talks at people.

Content marketing talks with them.

- Doug Kessler



There are 6 "emotional triggers" for viral content







Source: Wharton School of Business

Wharton School of Business study...



- Positive content is far more likely to go viral than negative content
- Content that evokes high arousal emotions (positive or negative) is more likely to go viral
- Content that is practically useful is most likely to go viral







Content tips



- Don't spam people with self promotions
- Post useful industry or local information
- Share and repost other valuable content
- Offer valuable promotions or specials
- Use multimedia content (pictures, videos, links to other sites, etc.)
- Keep interactions positive
- Be engaging, interesting, fun and <u>authentic</u>

Post with images are 120% more likely to be shared according to Facebook.



Social Content Ideas Checklist



- ✓ Educational articles, videos and links
- ✓ Customer testimonials (images, videos or text leverage existing testimonials)
- ✓ Ask for reviews
- ✓ Health related recipes
- ✓ Ask the expert
- ✓ Quotes related to your audience (babies, hope, strength, etc)
- ✓ Thought of the day
- ✓ News local/city happenings
- ✓ Personal family images/events (holidays, ice bucket challenge, etc)
- ✓ Holiday greetings
- ✓ Company information and updates
- ✓ Employee of the Month
- ✓ Employee anniversaries or birthdays
- ✓ Health & safety tips
- ✓ Health trivia
- ✓ Health Infographics
- ✓ Topic related cartoons
- ✓ Topic related recommend books
- ✓ Cross-promote social outlets
- ✓ Community or charitable events

HSS/HIPAA & Social Media





General Information



- Social media must follow the current laws and standards that govern information and information technology.
- Members of the public should be able to learn about the agency's activities and to communicate with the agency without having to join a third-party social media website.
- Social media sites and content must clearly identify ownership or sponsorship through the use of department branding.
- Do not solicit consensus advice from the public using social media
- You must link to your agency's official website on the Info tab.



Content Information



- A comment policy and privacy notice must be clearly stated or linked
- You should remove any posts or comments that violate HIPAA regulations by disclosing protected health information.
- When you feel that comments or questions on your social media platform are approaching HIPAA violations, take them offline. Ask the patient to call your hospital for more details.
- Consider the value in liking/following a specific entity and what it may convey to your audience.
- Comments must not be posted if they contain:
 - Blatantly partisan political views
 - Explicit commercial endorsements
 - Discriminatory, racist, offensive, obscene, inflammatory, unlawful or otherwise objectionable statements, language or content.
 - Patient medical information

Dos & Don'ts



- **DON'T**: "We had a fifty-year-old male in the ER last night with alcohol-induced liver disease."
- DO: Talk about conditions, treatments, research.
- DON'T: "I saw a patient last Tuesday with xyz condition . . ."
- DO: "Children with xyz condition typically present with these symptoms . . ."
- CAUTION: Friend patients on Facebook and assume that anything you put online could become public.



Remember....



"Social Media is about sociology and psychology more than technology."

Brain Solis



Facebook Advertising



- Niche targeting based on a specific demo or custom list.
- Target by:
 - Geography
 - Age
 - Gender
 - Interest
 - Behavior
 - And more!





Audience Definition



Your audience is defined.

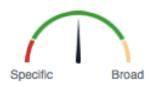
Audience Details:

- Location Living In:
 - Nashville (+50 mi), Tennessee, United States
- Age:
 - 25 65+
- Interests:
 - American Heart Association, Cardiovascular disease awareness or heart disease awareness
- Not connected to:
 - Fresh Collaboration

Potential Reach: 18,600 people

Cardiology Service

Audience Definition



Your audience is defined.

Audience Details:

- Location Living In:
 - Nashville (+50 mi), Tennessee, United States
- Age:
 - o 25 65+
- Interests:
 - Wendy's, McDonald's, Sonic Drive-In, Burger King, Arby's, Zaxby's or Dairy Queen
- Not connected to:
 - Fresh Collaboration

Potential Reach: 108,000 people

Cardiology Service

Audience Definition



Your audience is defined.

Audience Details:

- Location Living In:
 - Nashville (+25 mi), Tennessee, United States
- Age:
 - o 25 65+
- Interests:
 - Chiropractic, Acupuncture or Alternative medicine
- Not connected to:
 - Fresh Collaboration

Potential Reach: 44,000 people

Audience Definition



Your audience is defined.

Audience Details:

- Location Living In:
 - Nashville (+25 mi), Tennessee, United States
- Age:
 - o 25 65+
- Interests:
 - Sports
- Not connected to:
 - Fresh Collaboration

Potential Reach: 400,000 people

Chiropractic Service

Sports Medicine Service

Audience Definition



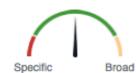
Your audience is defined.

Audience Details:

- Location Living In:
 - United States: Brentwood (+25 mi), Franklin (+25 mi), Hendersonville (+25 mi), Hermitage (+25 mi), Nashville (+25 mi) Tennessee
- Age:
 - 25 45
- Parents:
 - Parents (All)
- Not connected to:
 - Fresh Collaboration

Potential Reach: 118,000 people

Audience Definition



Your audience is defined.

Audience Details:

- Location Living In:
 - Nashville (+50 mi), Tennessee, United States
- Age:
 - 25 45
- Life Event:
 - Newlywed (1 year), Newlywed (3 months) or Newlywed (6 months)
- Not connected to:
 - Fresh Collaboration

Potential Reach: 18,600 people

Audience Definition



Your audience is defined.

Audience Details:

- Location Living In:
 - Nashville (+50 mi), Tennessee, United States
- Age:
- 25 45
- Interests:
 - Pregnancy, Childbirth, Reproductive health or Reproduction
- Not connected to:
 - Fresh Collaboration

Potential Reach: 72,000 people

Audience Definition



Your audience is defined.

Audience Details:

- Location Living In:
 - United States: Brentwood (+50 mi), Nashville (+50 mi)
 Tennessee
- Age:
 - 18 65+
- Life Event:
 - Recently moved
- Not connected to:
 - Fresh Collaboration

Potential Reach: 6,200 people

Audience Definition



Your audience is defined.

Audience Details:

- Location Living In:
 - United States: Brentwood (+50 mi), Nashville (+50 mi)
 Tennessee
- Age:
 - 18 65+
- Net Worth:
 - Net worth (over \$2,000,000) or Net worth (\$1,000,000 -\$2,000,000)
- Not connected to:
 - Fresh Collaboration

Potential Reach: 32,000 people

5

How do you create a successful strategy for your social media?



You can't approach new media with old thinking.



Social Media is not free...it takes people, technology and time.



Social media strategy



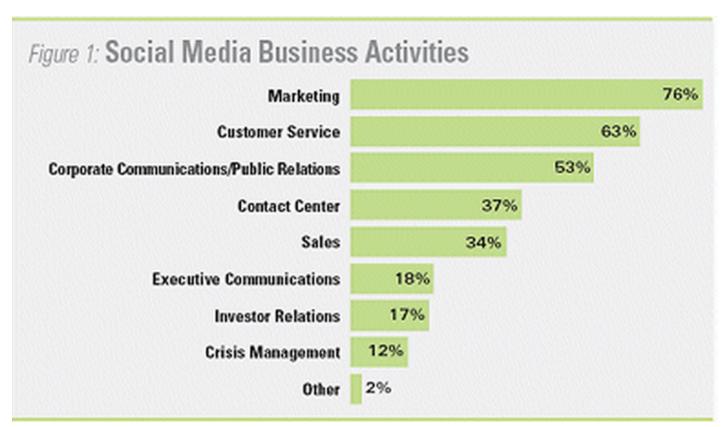
- What are your goals for social media?
- What platforms should you used to accomplish these goals?
- What is your 'voice'?
- Who makes up your target audience?
- What interest your target audience?
- How frequently will you post content?
- How will you manage your social media?
- How will you measure success with your social media?

72% of businesses that use social media do not have a clear set of goals or a clear strategy for their social media platforms.



Social media business use





Source: http://www.destinationcrm.com/Articles/Columns-Departments/The-Tipping-Point/Using-Social-Media-for-Customer-Service-81584.aspx



"We don't have a choice on whether we **DO** social media, the question is how well we **DO** it.

Social Media isn't a fad, it's a fundamental shift in the way we communicate.

The ROI of social media is that your business will still exist in 5 years."

- Erik Qualman

Platinum Practice Group



- Facebook & Twitter Account Setup, Content Creation & Management
- Basic Facebook Ads to Build Likes
- Basic Facebook Ads to Promote Practice
- Two 400-word blog post per month
- Monthly email to permission based database 2,500
- Two Syndicated New Releases for the year
- Mobile Review Website
- 1 Hour Per Month Consultation
- Geography/Industry Exclusive!

\$1,000 per month/annual contract



PIATINUM PRAGISTA

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